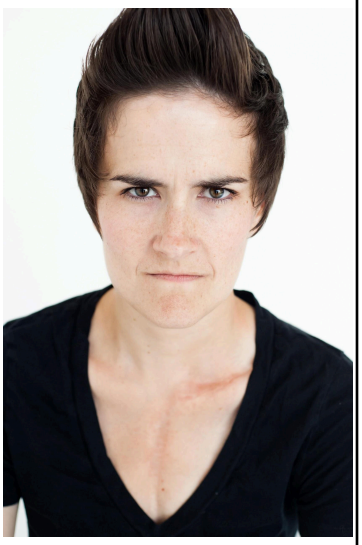
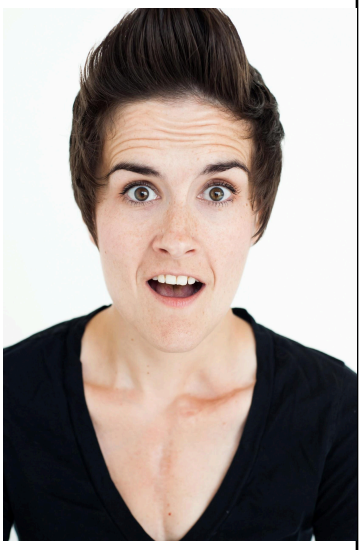
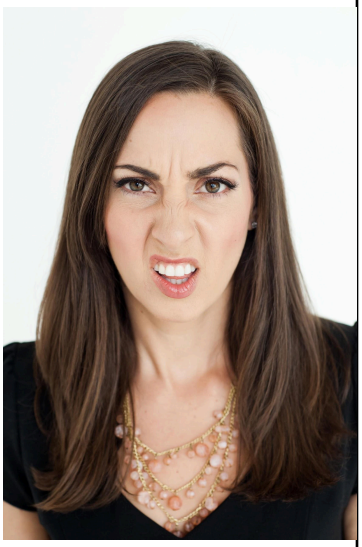
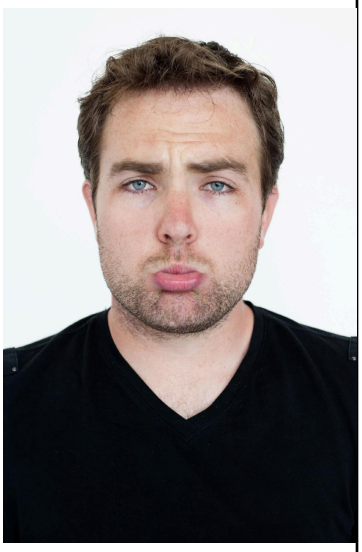
TV Microexpression Cheat Sheet:

	Description:	Show:	Episode:	Timestamp:
Fear: 	Brows are raised and drawn together, usually in a flat line Wrinkles in the forehead are in the center between the brows, not across Upper eyelid is raised, but the lower lid is tense and drawn up Upper eye has white showing, but not the lower white Mouth is open and lips are slightly tensed or stretched and drawn back			
Happiness: 	Corners of the lips are drawn back and up in a smile Mouth may or may not be parted, teeth exposed A crease runs from outer nose to outer lip Cheeks are raised Lower lid may show wrinkles or be tense Crows feet near the outside of the eyes			

Anger: 	The brows are lowered and drawn together Vertical lines appear between the brows Lower lid is tensed Eyes hard stare or bulging Lips can be pressed firmly together with corners down or square shape as if shouting Nostrils may be dilated The lower jaw juts out			
Contempt: 	One-sided mouth raise			

Surprise: 	The brows are raised and curved—they should look like upside-down U's Skin below the brow is stretched There can be horizontal wrinkles across the forehead Eyelids are opened, with the white of the eye showing above and below Jaw drops open and teeth are parted. The lips, jaw and mouth stays loose			
Disgust: 	Upper lip is raised Nose is wrinkled Cheeks are raised Lines show below the lower lid			

Sadness: 	Inner corners of the eyebrows are drawn up Corner of the lips are drawn down Jaw is drawn back Lower lip pouts out			